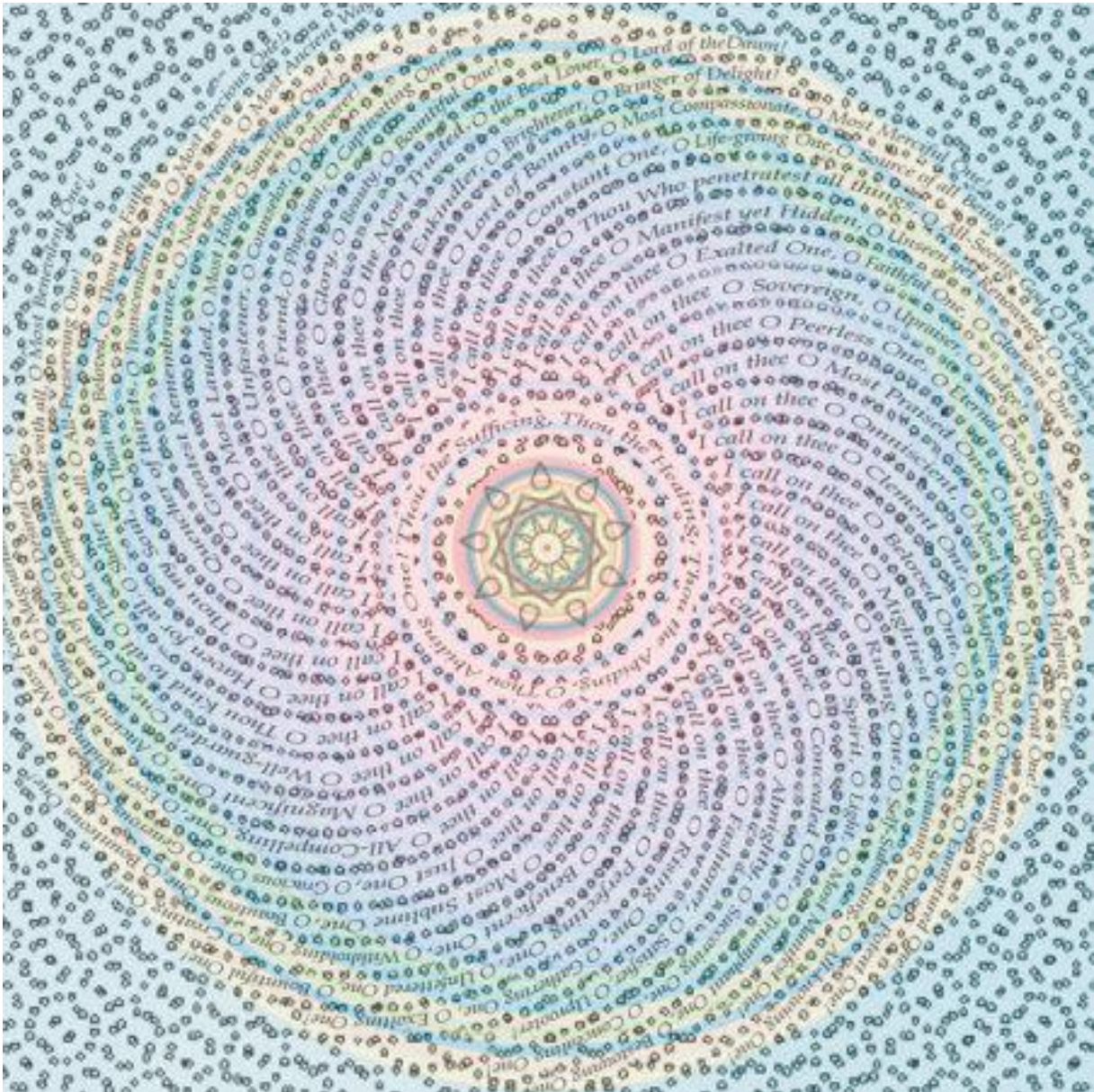


Cover

Lawh-i-Anta'l-Kafi

The Long Healing Prayer



Bahá'u'lláh

Lawh-i-Anta'l-Kafi

or

The Long Healing Prayer

by

Bahá'u'lláh

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Bahá'í Faith

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Contents

Cover	1
Title Page	2
Contents.....	3
Introduction	4
From a letter written on behalf of Shoghi Effendi.....	5
The Long Healing Prayer	6

Introduction

Lawh-i-Anta'l-Kafi or the ***Long Healing Prayer*** is a prayer written in Arabic by Bahá'u'lláh, founder of the Bahá'í Faith, in the 'Akká period (1868 – 1892). The authorized English translation was done in 1980 by Habib Taherzadeh and a Committee at the Bahá'í World Centre.

The English translation maintains its lyrical, repetitious, soul circling form. It can be said to be broken into three major parts.

1. The first and briefest is the introductory sentence: *"He is the Healer, the Sufficer, the Helper, the All-Forgiving, the All-Merciful."*
2. The main part of the prayer consists of numerous rhythmic invocations of God, each ending with the phrase *"Thou the Sufficing, Thou the Healing, Thou the Abiding, O Thou Abiding One."* It is 34 sentences in total, with over 102 unique ways of calling on the Maker.
3. The prayer ends with a supplication for healing and protection, and includes the phrase *"protect the bearer of this blessed Tablet, and whoso reciteth it, and whoso cometh upon it, and whoso passeth around the house wherein it is. Heal Thou, then, by it every sick, diseased and poor one"*, which gives this prayer its talismanic nature.

From a letter written on behalf of Shoghi Effendi

“These daily obligatory prayers, together with a few other specific ones, such as the Healing Prayer, the Tablet of Aḥmad, have been invested by Bahá’u’lláh with a special potency and significance, and should therefore be accepted as such and be recited by the believers with unquestioning faith and confidence, that through them they may enter into a much closer communion with God, and identify themselves more fully with His laws and precepts.”¹

¹ Bahá’í Prayers: www.bahai.org/r/849364919

The Long Healing Prayer

He is the Healer, the Sufficer, the Helper, the All-Forgiving, the All-Merciful.

I call on Thee O Exalted One, O Faithful One, O Glorious One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Sovereign, O Upraiser, O Judge!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Peerless One, O Eternal One, O Single One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Most Praised One, O Holy One, O Helping One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Omniscient, O Most Wise, O Most Great One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Clement One, O Majestic One, O Ordaining One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Beloved One, O Cherished One, O Enraptured One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Mightiest One, O Sustaining One, O Potent One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Ruling One, O Self-Subsisting, O All-Knowing One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Spirit, O Light, O Most Manifest One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Thou Frequented by all, O Thou Known to all, O
Thou Hidden from all!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Concealed One, O Triumphant One, O Bestowing
One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Almighty, O Succoring One, O Concealing One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Fashioner, O Satisfier, O Uprooter!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Rising One, O Gathering One, O Exalting One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Perfecting One, O Unfettered One, O Bountiful
One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Beneficent One, O Withholding One, O Creating
One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Most Sublime One, O Beauteous One, O Bounteous
One!
Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Just One, O Gracious One, O Generous One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O All-Compelling, O Ever-Abiding, O Most Knowing
One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Magnificent One, O Ancient of Days, O
Magnanimous One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Well-guarded One, O Lord of Joy, O Desired One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Thou Kind to all, O Thou Compassionate with all, O
Most Benevolent One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Haven for all, O Shelter to all, O All-Preserving One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Thou Succourer of all, O Thou Invoked by all, O Quickening One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Unfolder, O Ravager, O Most Clement One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Thou my Soul, O Thou my Beloved, O Thou my Faith!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Quencher of thirsts, O Transcendent Lord, O Most Precious One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Greatest Remembrance, O Noblest Name, O Most Ancient Way!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Most Lauded, O Most Holy, O Sanctified One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Unfastener, O Counselor, O Deliverer!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Friend, O Physician, O Captivating One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Glory, O Beauty, O Bountiful One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O the Most Trusted, O the Best Lover, O Lord of the
Dawn!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Enkindler, O Brightener, O Bringer of Delight!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Lord of Bounty, O Most Compassionate, O Most
Merciful One!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Constant One, O Life-giving One, O Source of all Being!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Thou Who penetratest all things, O All-Seeing God,
O Lord of Utterance!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Manifest yet Hidden, O Unseen yet Renowned, O
Onlooker sought by all!

Thou the Sufficing, Thou the Healing, Thou the Abiding,
O Thou Abiding One!

I call on Thee O Thou Who slayest the Lovers, O God of Grace to
the wicked!

O Sufficer, I call on Thee, O Sufficer!

O Healer, I call on Thee, O Healer!

O Abider, I call on Thee, O Abider!

Thou the Ever-Abiding, O Thou Abiding One!

Sanctified art Thou, O my God! I beseech Thee by Thy generosity, whereby the portals of Thy bounty and grace were opened wide, whereby the Temple of Thy Holiness was established upon the throne of eternity; and by Thy mercy whereby Thou didst invite all created things unto the table of Thy bounties and bestowals; and by Thy grace whereby Thou didst respond, in thine own Self with Thy word “Yea!” on behalf of all in heaven and earth, at the hour when Thy sovereignty and Thy grandeur stood revealed, at the dawn-time when the might of Thy dominion was made manifest. And again do I beseech Thee, by these most beauteous names, by these most noble and sublime attributes, and by Thy most Exalted Remembrance, and by Thy pure and spotless Beauty, and by Thy hidden Light in the most hidden pavilion, and by Thy Name, cloaked with the garment of affliction every morn and eve, to protect the bearer of this blessed Tablet, and whoso reciteth it, and whoso cometh upon it, and whoso passeth around the house wherein it is. Heal Thou, then, by it every sick, diseased and poor one, from every tribulation and distress, from every loathsome affliction and sorrow, and guide Thou by it whosoever desireth to enter upon the paths of Thy guidance, and the ways of Thy forgiveness and grace.

Thou art verily the Powerful, the All-Sufficing, the Healing, the Protector, the Giving, the Compassionate, the All-Generous, the All-Merciful. ²

Bahá'u'lláh

² *Bahá'í Prayers*: www.bahai.org/r/474538539